



Preparing for Mass

*How do you prepare for Mass? Coming to celebrate Mass and receive Jesus in the Most Holy Eucharist should be something we look forward to with great anticipation and reverence—after all, as Catholics, we know this to be the **GREATEST GIFT** of all. We hear this, we read this, but do we really believe in this, cherish this, and show respect for Jesus present to us Body, Blood, Soul, and Divinity?*

Having recently gotten underway with the Eucharistic Revival in our nation, in our diocese and in our parish, let's take some quiet time this week to reflect on the gift of Jesus in the Eucharist. Simply ask the Holy Spirit to open your heart and gift you with a deeper understanding of Jesus in the Eucharist, allowing you to grow in your faith. After getting started with this, don't let it end there; keep your prayers going. A good way to continue this is preparing yourself for Mass each week and for some, each day as daily Mass attendees. Preparing for Mass can and should begin at home during the week leading up to weekend Mass culminating when you arrive early for Mass.

We all recognize the busyness of daily life, running here and there, doing this and that, fulfilling this commitment and that commitment, but when it comes time to preparing