



From the Desk of Father Peter

Be Sure to Know and Love Yourself

*As we approach the summer season and the heat engine not yet on, there are many things to do. I want us to simply **stop, look, and listen** as time passes us by and think of ourselves in a special way. We need to develop a love for ourselves as children of God as well as establish a better relationship with our family and church.*



We need to live the inner us and keep moving ahead in our prayer life because we can't stand still and improve ourselves at the same time. No matter how imperfect we perceive our short-comings to be, we need to stop ourselves and learn to love ourselves as we are even though we may not like some of our physical or character traits...that God gave us. If we are not satisfied with certain attributes that we may have, let us develop a program together to change them; that is the reason why God made us. If we do something that we know isn't in our best interest or not at our highest level of thinking, let us acknowledge our mistake, forgive ourselves and move on. As I've said previously, change is inevitable in life but growth in learning from the lessons of change is optional.

We do not have to be too hard on ourselves. We all need a break sometime. We should know that as children of God we are going to make mistakes and even hurt each other's feelings. We need to realize that and grow through them. If we did not make mistakes,

we would probably stay at the same level of achievement and our lives would be boring. Besides, there really are no such things as mistakes; they are just learning experiences. Many of us have a stubborn part of our self that says we can take care of any problem we have on our own. However, when things do not go the way we want, we may blame God and feel abandoned. God constantly reveals his love to us and looks for us to show love in return. God knows.

Determine your philosophy but continue to adjust it as time moves along. Be flexible because we must adapt to change. God is in charge, not us. Life can be short so please make an impression as one person in the mosaic plan of God. What I regret most in my life as I age in my priesthood are the failures of kindness I could have shown someone or some other person could have shown me. Sure, problems and pain may still come; yet, in the midst of these we can be confident that Jesus will obtain for us all the resources we need.



Peace to all,

Fr. Peter